



Olympic Gold Medallist Opens Up About Experience Of Homelessness

Camryn Rogers Returns to BC to Volunteer with More Than a Roof Foundation as a way to Give Back, following World Title in Tokyo

UNDER EMBARGO UNTIL 7AM OCT 27 2025

Richmond, B.C. - Fresh off her record-setting [World Title](#) in Tokyo, Olympic champion Camryn Rogers is returning to BC in an effort to raise awareness for the organization that helped her escape a period of homelessness as a youth. The two-time world champion hammer thrower will volunteer with *More Than a Roof Foundation* on *Monday, October 27th*, speaking out about the tremendous obstacles she and her mom overcame along her journey to Olympic glory.

"More Than a Roof gave us a second chance, it gave us a fighting chance. And when you realize you've been given that chance, you can't let it go," says Rogers.

While her Olympic gold medal in Paris and additional world titles made headlines around the world, few people know about her humble beginnings. For one year, Rogers, at 12-13 years old, and her single mother found themselves without a home, couch surfing or sleeping in their car. They eventually connected with More Than a Roof, which gave them a place to call home following that difficult year. Life looks very different now, and they'll be celebrating her most recent win by serving the community who helped them.

The More Than a Roof Foundation supports individuals and families who are at-risk of poverty or homelessness by providing bursaries, scholarships, food security and more. Rogers hopes people will donate to More Than a Roof Foundation this season so more youth can have the chance to pursue their dreams, like her.

Let us know if you'd like to attend Rogers' homecoming and interview her and her mother about their story!

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Event Details

What: Media availability with Camryn Rogers, Olympic Gold Medallist and two time World Champion. Rogers will open up about her time spent homeless on her path to Olympic and World glory. She will be volunteering at her old building to pack Halloween treat bags for kids in the community with other More Than a Roof residents.

When: 11:00AM on October 27th

Where: Dockside Village, 12500 Trites Road, Richmond, More Than a Roof Social Housing. There is a parking garage for the media to park in.

Contact: Jeremy Hunka – 778 710 0329

Mary Cranston — 604 834 2594

About More Than a Roof

More Than a Roof Foundation specializes in building opportunities for More Than a Roof residents to leverage safe and stable housing to make significant changes in education, food security, mental and physical health, and community. Our initiatives are powered by generous donors doing more to help individuals, seniors and families in British Columbia break cycles of poverty and homelessness. Together, we are building hopeful futures. Learn more at <https://morethanarooftfoundation/>